



HEART online

Heart Education Assessment Rehabilitation Toolkit

A practical heart health toolkit for nurses, allied health and doctors

Clinicians often find it difficult to find up-to-date, evidence-based information for heart failure management and cardiac disease prevention and rehabilitation due to time and resource constraints and dispersed information.

Heart Education Assessment Rehabilitation Toolkit (HEART) Online (WWW.HEARTOnline.org.au) was developed by clinicians for clinicians to help apply research into practice. It provides tools for multidisciplinary team members to enable the assessment, planning, implementation and evaluation of care for patients. Tools include guidelines, templates, protocols, calculators, patient resources and videos.

The site is governed by the Heart Foundation and supported by Queensland Government. It was launched in May 2013 and has been

continuously modified based upon periodic targeted surveys, expert reviewer feedback and ongoing data from Google Analytics and user feedback.

HEART Online has an average of 4,000 visits per month from across Australia and internationally; 70% new visitors; 30% returning visitors. Feedback has resulted in: new pages on medications for acute coronary syndromes; sleep and heart failure; implantable devices; and revised sections on sexual activity and smoking. The 33 downloadable resources (e.g. clinical forms, letters, algorithms, patient handouts) have been revised to improve presentation and ease of reading.

HEART Online has been developed by leading Australian clinicians and academics and, by providing a 'one-stop shop' of information and tools, has the potential to improve standards of evidence-based practice in cardiovascular care. The popularity of the site suggests it is meeting an unmet need and is responsive to current and future needs of clinical practice. We invite you to visit the site, check it out and provide any feedback.